

EMPLOYEE DAILY SELF-MONITORING QUESTIONNAIRE

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The purpose of this self-monitoring questionnaire is to help every N.C. A&T employee make a healthy decision every day about reporting to work and so the university can direct employees to seek the appropriate medical care if symptoms of the novel coronavirus (COVID-19) are present.

**** Please note: This monitoring tool is not intended to diagnose COVID-19 infection or other diseases or health conditions.**

These symptoms are commonly associated with COVID-19 infection:

- Cough _____ 
- Shortness of breath or difficulty breathing _____ 
- Fever _____ 
- Chills (with/without shakes) _____ 
- Muscle pain _____ 
- Sore throat _____ 
- New loss of taste or smell _____ 

Have you experienced any of the symptoms above in the past few days and are those symptoms unusual for you?

- Yes
- No

In the past two weeks, have you been in contact with someone diagnosed with COVID-19?

- Yes
- No

If you answered “yes” to any of these questions, DO NOT REPORT TO WORK today. Please contact your supervisor and the N.C. A&T Student Health Center at 336-334-7880.